



Jordi Manauta

Born in Mexico City, Jordi Manauta graduated with a degree in dentistry from the Technological University of Mexico (UNITEC) with major grants. He continued his postgraduate studies in operative and esthetic dentistry, earning a master's degree from the International University of Catalonia (UIC) in Barcelona, Spain. He has developed and currently is developing various materials and instruments for esthetic dentistry and photography in collaboration with international companies. He is visiting lecturer in Seville, Siena, Marseille and Valencia universities and scientific consultant for two European journals. Dr. Manauta is founder member of Styleitaliano study group. Scientific consultant of two European journals, and he is author of the book Layers (Quintessence 2012) and author of the book Documentology (in press) and Forma (in press) and is author and coauthor of many publications in international journals. Dr. Manauta is frequently invited as a lecturer in these topics.

Dr Anna Salat

Born in Barcelona, Dr. Anna Salat graduated with a degree in dentistry from the International University of Catalonia (UIC) in Barcelona. She continued her postgraduate studies in implantology and esthetic dentistry, earning a master's degree from UIC. She is currently visiting professor in Siena, Seville, Marseille and Valencia Universities. Dr. Salat is particularly interested in conservative dentistry and esthetic restorations and lectures internationally on these topics. She is a senior member of Styleitaliano. She has contributed articles to a number of international journals. Author of the book Layers (Quintessence 2012).

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26th-29th April 2016 Melbourne, Australia

Jordi Manauta
& Anna Salat

**Simplicity in Advanced Aesthetics
The Styleitaliano Method**

28 CPD HOURS



Abstract

We have heard many times that highly aesthetic restorations need sophisticated and complex approaches, only reachable to the “gifted ones”. What if I tell you that this is possible to teach and repeat a feasible method that allows you to achieve perfect restorations with a high rate of success. This approach consents you to do basically three things, rational colour matching, exact reproduction of the selected colour and the ability to distinguish and learn from eventual mistakes. Material selection, layering technique and morphology management is now-a-days mandatory to mimic the slightest nuances from our patient’s teeth, but always without getting in difficulties to do so.

Learning objectives

The main goal of this course is to let the practitioner learn useful techniques to apply immediately after the course in their everyday dentistry to boost the quality of their work especially regarding function and aesthetics but always in a simple way.

1. Become extremely effective in colour matching.
2. Master stratification of composite resins.
3. Dominate surface and morphology.
4. Learn how adhesive dentistry can last very long.



Day 01

The Secrets of Colour

- Basic concepts of colour for beginners and experts
- Colour Theory
- Commercial shades- advantages and disadvantages
- Industrial shade guides, product oriented
- Personalized shade guides, types and use
- Material phenomena, opacity, hue, chroma and value
- Stratification technique selection according to the colour obtained
- Is material selection important?
Class IV restorations

Anterior Directs Class IV

- 4 ways of obtaining your palatal index
- Cavity preparation
- Adhesive steps
- Matrix and wedging management
- thickness control during stratification
- Enamel placement tips and tricks
- Summary on morphology
- Handling fractured teeth
- Corrections for anterior restorations
- Maintenance and long-term control

Stratification Bases

Hands-on on how to obtain the perfect silicone bases for anterior stratification

- 4 ways of obtaining your palatal index
- From a wax-up
- From a mock-up
- From a modified old restoration
- BRB technique
- Stratification area determination

Anterior Direct

Hands-on on aesthetic class IV construction

- Colour estimation
- Personalised shade guide fabrication for a perfect colour match
- Palatal wall construction
- Proximal wall with an anatomical matrix
- Dentinal body thickness calibration
- Incisal Halo stratification
- Enamel Placement

DAY 02

Anterior Directs Class III and V

- From the simple to the complex
- 3rd classes, colour and technique
- How to obtain a tight contact every time
- Natural contour in proximal anteriors
- 5th classes the classical technique
- Colour and shape
- Cavity configuration
- Stratification technique
- The closing gap technique, suffer no more
- Hybrid cavities
- All the above concepts applied in a clinical challenge

Anterior Directs semi-directs, diastema, shape modification

- The Diastema dilemma
- Two techniques for closing diastemas
- Shape modifications
- Treating conoid teeth
- The semi direct approach
- Self made semi-direct restorations
- Prefabricated semi direct-restorations

Shape shift conoid

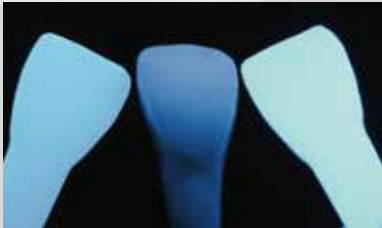
Hands-on on how to restore naturally a conoid tooth

- Colour estimation
- Palatal guide
- Palatal wall construction
- Proximal walls with an anatomical matrix
- Dentin application
- Incisal Halo stratification
- Enamel Placement

Anterior Direct (cont)

Hands-on of finishing and polishing of both central and lateral

- Contour
- Primary anatomy
- Secondary anatomy
- Tertiary anatomy
- Smoothing phase
- Gloss phase



DAY 03

Morphology and Shape

- From the simple to the complex
- 3rd classes, colour and technique
- How to obtain a tight contact every time
- Natural contour in proximal anteriors

Morphology and Shape

- 3 ways of obtaining tertiary anatomy

Anterior and posterior indirect Anterior

- Tissue guided restorations
- Margin guided restorations
- Preps, impression, temporary and cementation
- Veneers planning
- Mock-up
- Preparation
- Impressions

Posterior and Posterior indirects

- Inlay, Onlay and Overlay, When?
- Material selection for a long life restoration
- Build up and deep margin elevation
- Pre - endo and postendo management
- Post or not post
- Cavity configuration
- Bur sequence
- Preparation
- Laboratory steps
- Cementation
- Control
- Maintenance and reparations

Documentology

- Fun story about imaging
- Photography basic concepts and its relation to dentistry
- Which camera should I buy?
- Lenses
- Flashes
- Accessories
- How to do a universal set-up for simplified operation
- Transform your set-up for every clinical situation
- Intraoral photography
- Upper aesthetic picture with black background
- Lower aesthetic picture with black background
- The “honest picture”
- Texture pictures
- Upper occlusal arch
- Lower occlusal arch
- Lateral pictures
- Upper posterior quadrant
- Lower posterior quadrant
- Extraoral pictures
- Materials, models and others
- Studio photography, playing with light
- Portrait photography

Documentology and studio

Hands-on about advanced dental photography

- Camera set-up and configuration
- Basic shooting and position
- Lighting and studio
- Portrait



DAY 04

28 CPD HOURS

Advanced characterizations

- Colour map and layers
- How to document
- Complex stratification becomes simple
- Mammelon configurations, classification and divisions
- White effects Spot, cloud and stripes and their 36 different outcomes
- Increase/decrease in body chroma
- Increase/decrease in mammelon chroma
- Incisal halo and halo reminiscent
- Amber and brown spots
- Cracks and fractures and all the possibilities to reproduce them
- Abnormal situations from healthy and unhealthy teeth

Advanced characterizations

- Stratification of white spots
- Stratification of crack line
- Opalescent and translucent effects
- Stratification of a Crhomatic decrease

Posterior Direct

- Repeatable, easy and a very refined stratification technique
- Composite contraction
- Colour selection
- Pulp protection
- Trust your modeling
- Anatomy review
- Sectional modeling technique
- Simultaneous modeling
- Rational use of stains
- Matrices management
- Super contact achievement
- Custom ring technique
- Custom shield technique
- Custom fit technique
- Rational use of Bulkfill materials
- Stratification

Posterior Direct

Hands-on on a posterior direct restoration

- Matrix placement
- Adhesion
- Liner and base
- Sectional modelling
- Finishing and polishing

